

How to recover deleted text messages

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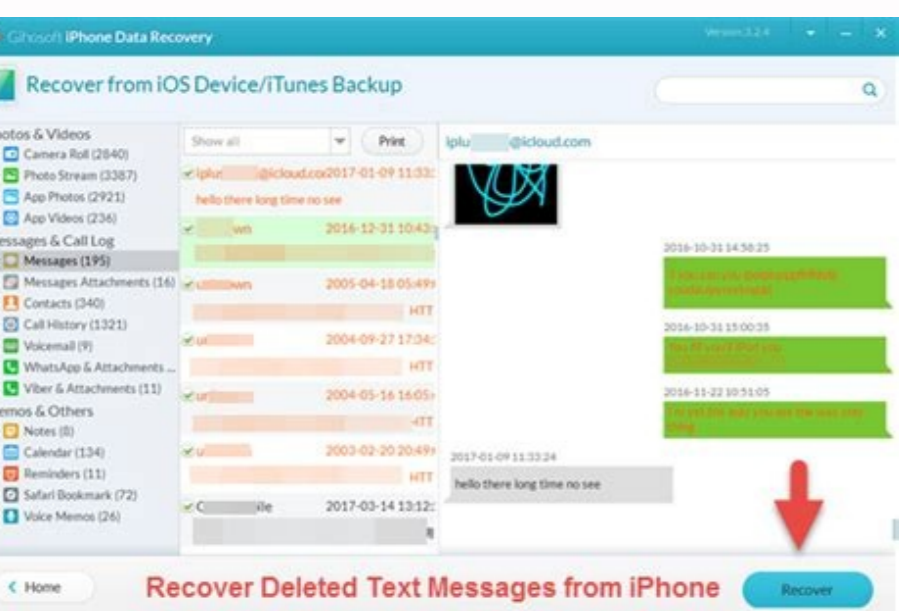
Backups

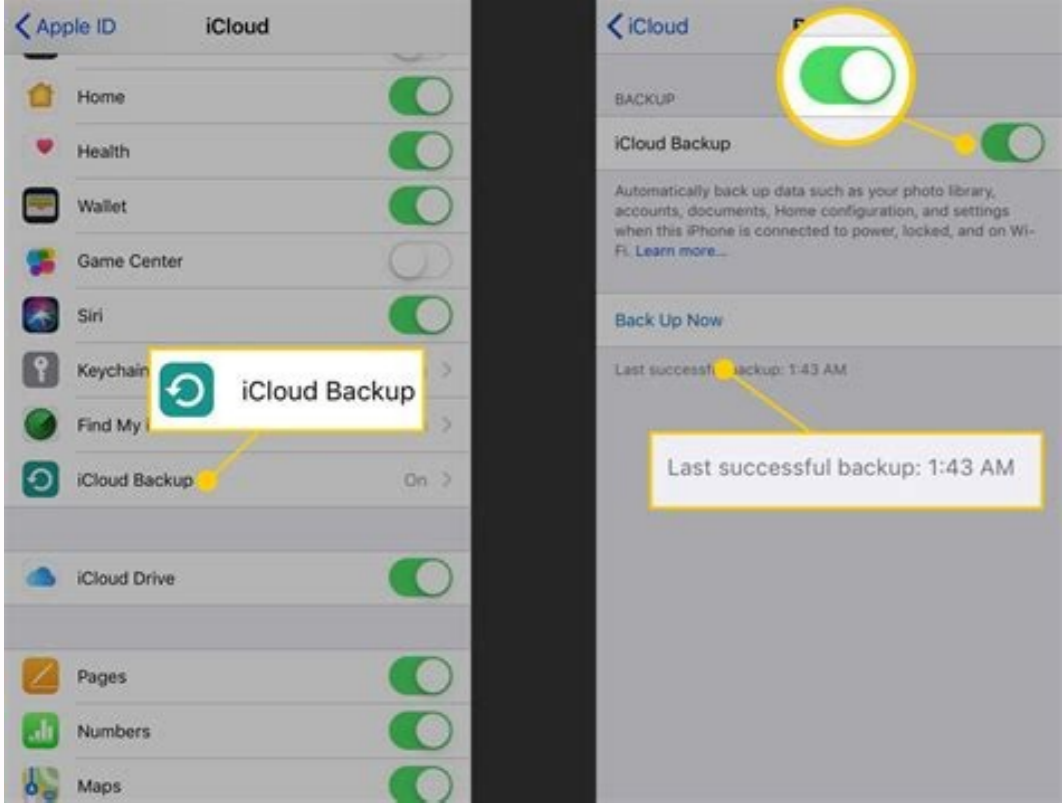
7 backups

Documents and Data 119.7 GB

BACKUPS

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How to retrieve deleted messages in text.

Knowing how to recover deleted messages on iPhone can make all the difference if you accidentally bin an important message, or simply change your mind after having a clear out. Once you've deleted a message on iOS 15, there's no immediate way of recovering it. You can't shake your device to undo your mistake, no matter how vigorously you try. Neither can you delve into the Settings app for an "undelete" option, or find your texts waiting in a "holding folder" as you can with deleted photos. Instead, you're going to have to go back in time to a point before the message was deleted. But this is going to be dependent on you having created a backup, whether on a computer or, more conveniently, in iCloud. Whether you have an iPhone 13 or any other device running iOS 15, here's how to recover deleted messages on iPhone. And when you're done here, check out our other handy iPhone tips, including how to mirror an iPhone to your TV. How to recover deleted messages on iPhone: Backup using iCloud

The first step to recovering deleted messages on iPhone is to back up your device using iCloud, which is something you should be doing on a regular basis anyway. It could make all the difference to your chances of recovering a text — or any other data — if you accidentally delete one in the future.

1. With your iPhone connected to a Wi-Fi network, launch the Settings app and tap your name. (Image credit: Apple)
2. Now select iCloud from the list of options. (Image credit: Apple)
3. It's worth making sure the toggle next to Messages is turned on. You should also tap on iCloud Backup. You might find that this is already turned on — in which case, automatic backups are already being created. If not, then you can easily rectify that. (Image credit: Apple)
4. Make sure you switch on iCloud Backup. If you have just turned it on, then tap Back Up Now. You should also do this if it appears your iPhone hasn't automatically backed up in a while. It will only do this when your iPhone is plugged in, locked and connected to a Wi-Fi network. (Image credit: Apple)

How to recover deleted messages on iPhone from a computer backup

If you've deleted a text and want to get it back, you need to check when your last backups were made. This lets you judge whether or not restoring a backup will make any difference. If the only backup available was made after you deleted a message, for example, then you won't be able to get it back.

1. With that in mind, launch the Settings app and tap your name. Then tap iCloud. (Image credit: Apple)
2. Now tap Manage Storage (if iCloud Backup isn't turned on, then your chances of successfully recovering texts is going to be much lower). (Image credit: Apple)
3. On the iCloud Storage screen, tap Backups and then select a backup that you think will contain the message that you want to retrieve. (Image credit: Apple)
4. You will see information about the backup — the most crucial being when it was last made. If it looks as if it will contain the deleted message, then it's time to try and get it back. (Image credit: Apple)
5. Go back to the main Settings screen and tap General. Then scroll to the bottom of the screen and tap Transfer or Reset iPhone. (Image credit: Apple)
6. Now, you need to effectively wipe your iPhone clean, which means you have to tap Erase All Content and Settings. (Image credit: Apple)
7. Your iPhone will shut down and restart. When it comes back to life, go through the setup process and, when you arrive on the Apps & Data screen, tap Restore from iCloud Backup. Choose the backup you identified earlier in the process. All of your backed up data will now be restored. (Image credit: Apple)

How to recover deleted messages on iPhone from a computer backup

It is possible to back up an iPhone on a computer using iTunes on a PC or Finder on a Mac. You would need to connect your iPhone to the USB port of the computer and select your device. You will then be prompted to back up, with the data being stored on the computer rather than in iCloud. On a Mac, for instance, you would just click Back up all the data on your iPhone to your Mac then click Back Up Now to get the process underway. (Image credit: Apple)

On Windows, you'd need to launch iTunes and click Summary on the left-hand side. Then, under Backups, select This Computer then click Back Up Now. Now you know how to restore deleted messages on iPhone, take a look at how to reset a locked iPhone without a computer or how you can launch apps by tapping the back of your iPhone. And if a child in your care uses an iOS device, you might want to check out how to use the new Child Safety features in iOS 15.2. Today's best Apple AirPods Pro (2021) deals (opens in new tab) (opens in new tab) (opens in new tab) (opens in new tab) (opens in new tab) To delete convos in your feed, tap the ghost icon.

Then tap the gear icon and scroll to Account Actions > Clear Conversations. You can also delete messages that were already sent, plus snap stories. You cannot unsend Snapchat messages but blocking the recipient fast enough might prevent them from seeing your snap. On Snapchat, conversations happen fast. Sometimes, too fast. This article explains the four different ways you can clean up your Snapchat activities. Let's start with something easy: your chat feed. This is one of the main tabs that you access by tapping the speech bubble icon in the bottom menu. To clean up your chat feed, follow these steps: Open your profile tab by tapping the ghost icon in the top left corner. Tap the gear icon in the top right corner to access your settings. Scroll down to tap Clear Conversations under Account Actions. On the next tab, you'll see a list of the friends you've had conversations with that have Xs beside them, which you can tap to clear them from your chat feed. Clearing conversations does not delete anything you saved or sent already. The only thing clearing a conversation does is remove the username from your main chat feed. If you sent something to a friend and want to unsend it, clearing the conversation will not unsend it. Lifewire Snapchat currently does not offer a feature to unsend a snap that was sent too quickly or to the wrong friend. In previous versions of the app, users figured out that they could prevent a snap from being received if they were able to delete their accounts before the recipient opened their snap. However, deleting your account to stop a recipient from opening a snap that was sent by mistake no longer works in the most recent version of the Snapchat app. If you try to delete your account before the recipient opens your snap, you'll have to wait 30 days until your account is officially deleted forever. Snapchat puts all accounts on a 30-day deactivation status before official deletion just in case account owners change their minds and wish to reactivate their accounts again, which can be done by simply signing in to the app within that 30-day deactivation period. A deactivated account won't save you from snaps you regret sending. Even though friends won't be able to send you anything while your account remains inactive, any snaps you sent before you deactivated your account will still appear in your recipients' chat feeds for them to view. It turns out you don't have to go to such extreme lengths to delete your account in order to unsend a snap. Simply blocking them might do the trick. Lifewire Blocking the recipient fast enough might just prevent them from seeing your snap. To block people, tap their username or use the search field at the top to find them. In the text tab that opens, tap the menu icon that appears in the top left corner then tap Block in the mini-profile tab that slides out from the left side of the screen. You'll be asked if you're sure you want to block that user and to provide a reason why. When you block a friend on Snapchat, that person is removed from your friend list and you are removed from theirs. You will both have to re-add each other to continue snapping the way you used to. There is no guarantee that blocking a user will effectively "unsend" your snap, however. If the recipient is faster than you are at blocking them, he or she may still see your snap. Likewise, Snapchat continually rolls out updated versions of its app, and this blocking method to prevent snaps from being seen may not work in future versions. Lifewire Snapchat offers a delete feature for stories so you don't have to fret about an embarrassing snap lasting for a full 24 hours for everyone to see. Stories are the photo and video snaps you post to your My Story section, which can be publicly viewed for 24 hours by your friends or by everyone (depending on your privacy settings) when they visit their stories tab within the app. To delete a Snapchat story that you posted: Tap the Story circular icon in the upper left of your Camera screen then tap the Story you posted from the menu just below your Snap code. Tap the trash icon then confirm you want to delete it and you're done. Posting a story and then deleting it immediately doesn't guarantee that it won't be viewed by anyone. Snapchat doesn't currently have a feature that allows you to delete stories in bulk. Thanks for letting us know! Get the Latest Tech News Delivered Every Day Subscribe Tell us why! WhatsApp is a great messaging platform for communicating with friends and colleagues no matter where you are in the world, but what do you do when you send a message by mistake? Here's how to delete WhatsApp messages, and what limitations there are along the way. To delete messages so neither you nor the recipient can see them, you both need the latest version of WhatsApp installed. Deleting a sent WhatsApp message is a fairly simple process, once you know how to do it. Here's how to delete a message you've sent to an individual or group chat: Go to the relevant conversation window and find the message you want to delete. Hold your finger to the message until the extra options dialog menu appears. You can select more than one message if you want to delete multiples all at once. Tap Delete > the Trash icon > Delete for Everyone. Want to delete the message so you can't see it, but the other person can? Tap Delete For Me. The message is now replaced with "This message was deleted" and is no longer available as part of the conversation. Well done! Sometimes, you might want to delete your copy of the messages you send or receive from your phone. Here's how: Go to the relevant conversation window and find the message you want to delete. Hold your finger down on the message. Tap Delete > Delete for Me. You can't delete someone else's sent message. They still see what they sent you. Although the Delete for Everyone option is a good way to get rid of messages you no longer want to be seen on WhatsApp, it's not a perfect solution. There are a few things to keep in mind: People using WhatsApp for iOS may still have any media you sent them saved on their device, even after the message is deleted. If the other person has notifications activated so they see a preview of the message coming in, they can still see what you sent, even if you delete it afterward. Recipients can still see your message before it's deleted or if deletion wasn't successful. WhatsApp doesn't notify you if deleting for everyone wasn't successful. The Delete for Everyone option is only available for about an hour after you send a message. If the recipient doesn't have read receipts switched on, you won't know when they read the message. Deleting the message immediately is your best chance of them not reading it. Ultimately, the best way to keep people from reading a message is to just not send it. Deleting a WhatsApp message isn't permanent, but it's tricky to retrieve or recover deleted messages. Here are some options on how to do that. It's safest to assume that once you've deleted a message, it's gone forever. Think carefully before deleting a message. Re-install WhatsApp: Both iOS and Android users can restore deleted messages by uninstalling and re-installing WhatsApp, then tap Restore Chat History to restore from the automated backup from either iCloud or Google Drive. Ask a friend: Don't have a backup set up? Ask the other person in the conversation if they could re-send the message or relevant information. You never know. They may be able to provide you with it. Another option you have in WhatsApp for extra security are "view once" messages. Turn this feature on before you send something (you can't toggle it on permanently), and texts and images will disappear as soon as the recipient views them. View-once messages don't allow starring, forwarding, starring, or sharing, and they're encrypted end-to-end like anything else you send in WhatsApp. Another feature in WhatsApp is letting older messages delete themselves. You have three choices for how long they'll stick around: 24 hours, seven days, and 90 days. Once that period expires, the message will disappear from both your device and the recipient's. Another option is to set an expiration period for messages for new chats by default, so you don't have to remember to turn it on every time. Thanks for letting us know! Get the Latest Tech News Delivered Every Day Subscribe Tell us why!

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